

# Good Morning

Saturday, December 10th

Partly sunny, but less warm. Highs back down to mid 40s. Still a nice day though!

## Breakfast

### From the Sideboard ...

Fresh Fruit: Cantaloupe Melon, Pineapple, Orange, Kiwi  
Strawberries, Blackberries, Raspberries & Blueberries  
Fruit Compote with Apricots, Figs & Prunes  
Non-Fat Greek Yoghurt – Assorted Fruit Yoghurts  
Trail-Mix Peanuttty Granola, Shredded Wheat,  
Brie & Baby Bel Cheeses with Crackers  
Homemade Banana Bread with Toasted Walnuts

### Cooked Entrée

**Eggs any style** – with *Vermont Bacon, Chicken & Apple Sausage, Pork Breakfast Sausages, Breakfast Potatoes...you choose*

**Eggs Benedict:** *Poached Eggs on Vermont Bacon, topped with Hollandaise Sauce and served on a crunchy English Muffin*

**Eggs Florentine:** *Poached Eggs on a bed of wilted Baby Spinach, topped with Hollandaise Sauce and served on a crunchy English Muffin*

**Smoked Salmon** – with *Scrambled Eggs, or a Cheese Omelet, or with Cream Cheese and a crunchy English Muffin*

**Omelets** – *Plain or with Feta or Cheddar Cheese. Add Mushrooms, Spinach, Bell Peppers.*

*Locally baked Whole-wheat, Multigrain Brown or White Bread Toast or toasted English Muffins*

### To Drink

Freshly Squeezed Orange Juice; New Season Stow Apple Cider;  
Cranberry Juice, Tomato Juice

Freshly Ground Coffee (*regular or decaf*) – Tea (*English or Irish Breakfast, Earl Grey, Lady Grey, Lapsang Souchong*) – Herbal Teas – Fruit Teas – Green Tea